

Abi Finds a Fresh Start in Care

Abi first came to Creating Futures last year while living in temporary accommodation. At the time, she was working in the care sector and doing her best to support her young child. Around 12 months ago, Abi started a new job in care, but sadly things didn't work out with her employer. At the same time, Abi was offered her permanent home with Cartrefi Conwy - an exciting but also stressful time, as she was balancing a move, caring for her child, and suddenly being out of work.

Feeling overwhelmed by everything happening at once, as a single parent, she was juggling childcare, a house move, and financial pressure, all while managing anxiety, which became worse under stress.

Abi is very independent and takes pride in working to provide for her family, so being out of work was particularly difficult for her. Abi's Housing Officer referred her to the Creating Futures team for employability support, and Abi was also supported by the Conwy Employment Hub with her job search. Abi knew she wanted to stay in the care sector, and as she drives, she was able to look at local roles in domiciliary care that offered flexible hours.

Thanks to the support received, Abi secured a new job with Seashell Trust—allowing her to work mornings while her child is in school, providing the balance she needs between independence, work, and family life.



Abi is really enjoying her new job and is feeling positive about the future. She also received help through the In Work Support Fund, which came at just the right time.

"I only had £1 in my bank when 'In Work Support Fund' was offered - I can't tell you how much it helped"

Through the **partnership** between **Creating Futures** and **Conwy Employment Hub**, Abi has:

- Found a flexible new job in her chosen field
- Regained financial stability and confidence
- Reduced stress and anxiety through better work-life balance
- Benefited from in-work support to help her settle into her new role